

Stroke Rehabilitation

The staff at Coventry Court Health Center understands that suffering from a stroke is a devastating experience. We also know that stroke recovery can be overwhelming for patients and their families. Coventry Court Health Center offers rehabilitation and nursing services that help patients maximize recovery and regain independence. We help patients recovery quickly and return home with a renewed sense of self-sufficiency.

Our stroke rehabilitation services are designed to assist both the patient and their family. Key service components include:

- A physician specializing in rehabilitation and an attending physician lead the stroke treatment team and oversee the individualized plan of care.
- 24-hour skilled nursing care is provided and led by a Director of Nursing Services with over 30 years of experience.
- Progressive and personalized treatment plans are developed for each patient and delivered by highly skilled and compassionate staff.
- A dynamic daily therapy schedule is based on the patient's needs, goals, and home environment:
 - ◇ **Physical Therapy**-Focuses on balance, strengthening, neuromuscular re-education and mobility skills such as transfers, wheelchair mobility, and ambulation.
 - ◇ **Occupational Therapy**-Uses activities of daily living such as eating, bathing, toileting, and dressing to teach compensatory skills and provide neuromuscular retraining.
 - ◇ **Speech Therapy**-Focuses on the patient's ability to read, write, and speak as well as cognitive skills of concentration, memory, and problem-solving.
 - ◇ **Dysphagia Management Program**-For patients with difficulty swallowing and feeding.
 - ◇ **Spasticity Management Program**-Medicine and therapy combine their skills and use of the latest technology to manage pain and hyperactive muscles.
- Guided community outings as part of the activity program help to motivate and assimilate patients back into society.

State-of-the-art equipment and techniques for Stroke Rehabilitation:

- Speech Pathologists certified and trained in VitalStim Therapy, which utilizes electrical stimulation to strengthen the swallowing muscles in the neck to improve the patient's ability to swallow and eat a normal diet.
- ACP equipment including Ultrasound, Diathermy, Electric Stimulation, and Omnicycle are advanced treatment modalities used to facilitate a successful rehabilitation.

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